

## **SCHOOL-BASED PHYSICAL THERAPY versus ADAPTIVE PHYSICAL EDUCATION REFERRALS**

If there is a gross motor concern, first determine if the concerns are physical therapy related and/or adapted physical education by looking at the following guidelines:

<b>Physical Therapy</b>	<b>Adapted Physical Education</b>
*School-based physical therapy is concerned with a child's ability to access his/her school environment and classroom safely.	*Adapted physical education is concerned with the child's ability to participate in physical education class.
*Floor mobility and transfer training	*Jumping
*Sitting balance and posture	*Hopping
*Gait	*Skipping
*Stairs	*Ball Skills
*Accessing doors	*Sport/game skills
*Training student and staff in the use of adaptive equipment (walkers, gait trainers, standers)	*Rec/leisure activities

*Carrying age- appropriate educational materials	
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